

Indian Lake Trail Run 2019
Cross Plains, WI
10/05/2019

***** 7K RUNNERS AWARDS LIST *****

***** FEMALE OVERALL 7K RUN RESULTS *****

Place	Bib	Name	Sex	Age	City	St	Finish	Pace
1	288	Anne Mayer	F	34	Madison	WI	29:16	6:44
2	61	Carla Garces	F	29	Madison	WI	34:25	7:55
3	348	Becky Weum	F	31	Baraboo	WI	35:17	8:07

***** MALE OVERALL 7K RUN RESULTS *****

Place	Bib	Name	Sex	Age	City	St	Finish	Pace
1	312	Jim Reichling	M	43	Madison	WI	27:52	6:25
2	325	Justin Sills	M	34	Cottage Grove	WI	28:59	6:40
3	284	Matthew Malloy	M	38	Madison	WI	29:27	6:47

***** 7K AGE GROUP RUN RESULTS *****

***** FEMALE 7K RUN AGE GROUP: 1 - 10*****

Place	Bib	Name	Sex	Age	City	St	Finish	Pace
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***** MALE 7K RUN AGE GROUP: 1 - 10*****

Place	Bib	Name	Sex	Age	City	St	Finish	Pace
1	329	Sam Strange	M	9	Madison	WI	32:50	7:33
2	217	Fritz Bolme	M	10	Geneseo	IL	46:33	10:43
3	338	Theodore Tranowski	M	8	Madison	WI	1:16:51	17:40

***** FEMALE 7K RUN AGE GROUP: 11 - 19*****

Place	Bib	Name	Sex	Age	City	St	Finish	Pace
1	278	Josie Lauer	F	14	Madison	WI	46:18	10:39
2	306	Eme Olkowski	F	11	Neenah	WI	48:06	11:04
3	244	Clara Felt	F	13	Madison	WI	49:55	11:29

***** MALE 7K RUN AGE GROUP: 11 - 19*****

Place	Bib	Name	Sex	Age	City	St	Finish	Pace
1	330	Walt Strange	M	12	Madison	WI	33:05	7:37
2	267	Rhys Klein	M	11	Madison	WI	34:25	7:55
3	232	Owen Cooney	M	11	Madison	WI	38:15	8:48

***** FEMALE 7K RUN AGE GROUP: 20 - 29*****

Place	Bib	Name	Sex	Age	City	St	Finish	Pace
1	261	Erin Jordan	F	27	Madison	WI	39:29	9:05
2	271	Mykala Konrardy	F	24	Monona	WI	40:11	9:15
3	323	Colleen Schmit	F	24	Madison	WI	41:10	9:28

***** MALE 7K RUN AGE GROUP: 20 - 29*****

Place	Bib	Name	Sex	Age	City	St	Finish	Pace
1	353	Michael Winz	M	27	Verona	WI	31:45	7:18
2	260	Brandon Jones	M	28	Sun Prairie	WI	33:41	7:45
3	157	Steven Redd	M	29	Madison	WI	33:47	7:46

***** FEMALE 7K RUN AGE GROUP: 30 - 39*****

Place	Bib	Name	Sex	Age	City	St	Finish	Pace
1	342	Kim Upton	F	39	Middleton	WI	35:50	8:15
2	347	Stephanie Wagner	F	39	Lisbon	WI	37:01	8:31
3	285	Michele Malloy	F	33	Madison	WI	37:05	8:32

***** MALE 7K RUN AGE GROUP: 30 - 39*****

Place	Bib	Name	Sex	Age	City	St	Finish	Pace
1	275	Michael Krueger	M	31	Waunakee	WI	32:38	7:31
2	212	Jon Bake	M	37	Madison	WI	33:55	7:48
3	344	James Vasta	M	31	Waunakee	WI	35:11	8:06

***** FEMALE 7K RUN AGE GROUP: 40 - 49*****

Place	Bib	Name	Sex	Age	City	St	Finish	Pace
1	221	Christine Bourne	F	44	Madison	WI	36:04	8:18
2	263	Jenny Kempf	F	42	Madison	WI	36:49	8:28
3	257	Julie Hyland	F	44	Cross Plains	WI	37:13	8:34

***** MALE 7K RUN AGE GROUP: 40 - 49*****

Place	Bib	Name	Sex	Age	City	St	Finish	Pace
1	242	Joseph Eichenseher	M	42	Madison	WI	31:56	7:21
2	316	Matthew Rockey	M	40	Oregon	WI	33:19	7:40
3	259	Matthew Jarosz	M	43	Madison	WI	35:43	8:13

***** FEMALE 7K RUN AGE GROUP: 50 - 59*****

Place	Bib	Name	Sex	Age	City	St	Finish	Pace
1	253	Kelly Hebl	F	52	Oregon	WI	39:17	9:02
2	318	Angela Ryan	F	55	Fitchburg	WI	39:43	9:08
3	155	Beth Potter	F	51	Madison	WI	42:31	9:47

***** MALE 7K RUN AGE GROUP: 50 - 59*****

Place	Bib	Name	Sex	Age	City	St	Finish	Pace
1	289	Tom McDonald	M	52	Middleton	WI	33:08	7:38
2	349	Paul Weum	M	58	Prairie Du Sac	WI	35:02	8:04
3	262	David Kelly	M	56	Madison	WI	37:50	8:42

***** FEMALE 7K RUN AGE GROUP: 60 - 69*****

Place	Bib	Name	Sex	Age	City	St	Finish	Pace
1	213	Bernetta Bartels	F	61	Eastman	WI	40:41	9:22
2	361	Jan Zimmerman	F	67	Madison	WI	46:37	10:43
3	339	Jill Trochlell Ziehr	F	64	Plover	WI	49:23	11:21

***** MALE 7K RUN AGE GROUP: 60 - 69*****

Place	Bib	Name	Sex	Age	City	St	Finish	Pace
1	273	James Korb	M	64	Richland Center	WI	44:30	10:14
2	226	Timothy Burns	M	64	Monroe	WI	45:26	10:27
3	214	Paul Bartels	M	65	Eastman	WI	47:06	10:50

***** FEMALE 7K RUN AGE GROUP: 70 - 99*****

Place	Bib	Name	Sex	Age	City	St	Finish	Pace
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***** MALE 7K RUN AGE GROUP: 70 - 99*****

Place	Bib	Name	Sex	Age	City	St	Finish	Pace
1	224	David Braithwaite	M	73	Madison	WI	47:12	10:51
2	282	Rex Loker	M	72	Madison	WI	48:53	11:15