TRAML RUN AT INDIIAN LAKE I VIRTUAL IOK I OCT 2-4i 2020

| First Name | Last Name | Race Category | Age Group | Overall Place | Race Category Place | Age Group Place | Finish Time | PACE ( 5.9 mile) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Shelby | Anderson | Men's Race | 30-39 | 1 | 1 | 1 | 0:40:18 | 06:50 |
| Peter | Witucki | Men's Race | 30-39 | 2 | 2 | 2 | 0:40:25 | 06:51 |
| Greg | Cooper | Men's Race | 30-39 | 3 | 3 | 3 | 0:40:29 | 06:52 |
| Ryan | Rysewyk | Men's Race | 40-49 | 4 | 4 | 1 | 0:40:54 | 06:56 |
| Dan | Sodemann | Men's Race | 40-49 | 5 | 5 | 2 | 0:41:23 | 07:01 |
| Fred | Knoch | Men's Race | 40-49 | 6 | 6 | 3 | 0:42:20 | 07:11 |
| Adam | Sauder | Men's Race | 30-39 | 7 | 7 | 4 | 0:42:56 | 07:17 |
| Todd | Hanson | Men's Race | 40-49 | 8 | 8 | 4 | 0:43:23 | 07:21 |
| Trevor | Bynoe | Men's Race | 30-39 | 9 | 9 | 5 | 0:44:57 | 07:37 |
| Bill | Barthen | Men's Race | 40-49 | 10 | 10 | 5 | 0:44:57 | 07:37 |
| Mark | Morgan | Men's Race | 40-49 | 11 | 11 | 6 | 0:45:08 | 07:39 |
| Dan | Ellerkamp | Men's Race | 30-39 | 12 | 12 | 6 | 0:45:40 | 07:44 |
| Bill | Barthen | Men's Race | 40-49 | 13 | 13 | 7 | 0:45:42 | 07:45 |
| Abby | Strigel | Women's Race | 30-39 | 14 | 1 | 1 | 0:45:55 | 07:47 |
| Matthew | Malloy | Men's Race | 30-39 | 15 | 14 | 7 | 0:45:56 | 07:47 |
| Michael | Lashua | Men's Race | 30-39 | 16 | 15 | 8 | 0:47:55 | 08:07 |
| Amber | Markey | Women's Race | 30-39 | 17 | 2 | 2 | 0:48:09 | 08:10 |
| Jereme | Noffke | Men's Race | 30-39 | 18 | 16 | 9 | 0:48:20 | 08:12 |
| Ian | Aley | Men's Race | 30-39 | 19 | 17 | 10 | 0:48:21 | 08:12 |
| Andy | Zoldak | Men's Race | 50-59 | 20 | 18 | 1 | 0:48:38 | 08:15 |
| Aygul | Hoffman | Women's Race | 30-39 | 21 | 3 | 3 | 0:49:04 | 08:19 |
| Kristine | Schisler | Women's Race | 30-39 | 22 | 4 | 4 | 0:49:06 | 08:19 |
| Jim | Berkelman | Men's Race | 50-59 | 23 | 19 | 2 | 0:49:50 | 08:27 |
| Brian | Bub | Men's Race | 40-49 | 24 | 20 | 8 | 0:50:17 | 08:31 |
| Andrew | Bulovsky | Men's Race | 20-29 | 25 | 21 | 1 | 0:50:18 | 08:32 |
| Paul | Weum | Men's Race | 50-59 | 26 | 22 | 3 | 0:50:24 | 08:33 |
| Emma | Cameron | Women's Race | 20-29 | 27 | 5 | 1 | 0:50:33 | 08:34 |
| Amber | Converse | Women's Race | 30-39 | 28 | 6 | 5 | 0:51:20 | 08:42 |
| Steve | Ingham | Men's Race | 50-59 | 29 | 23 | 4 | 0:51:59 | 08:49 |
| Tom | Woody | Men's Race | 50-59 | 30 | 24 | 5 | 0:52:25 | 08:53 |
| Bill | Gilmore | Men's Race | 60-69 | 31 | 25 | 1 | 0:52:49 | 08:57 |
| Hope | Yates | Women's Race | 30-39 | 32 | 7 | 6 | 0:53:16 | 09:02 |
| Blaise | Nemeth | Men's Race | 40-49 | 33 | 26 | 9 | 0:53:26 | 09:03 |
| Brian | lauvray | Men's Race | 30-39 | 34 | 27 | 11 | 0:53:34 | 09:05 |
| Dave | Sarocka | Men's Race | 50-59 | 35 | 28 | 6 | 0:53:35 | 09:05 |
| Henning | vin Bauer | Men's Race | 50-59 | 36 | 29 | 7 | 0:53:40 | 09:06 |
| Anne | Pearce | Women's Race | 30-39 | 37 | 8 | 7 | 0:53:49 | 09:07 |
| Martine | Delannay | Women's Race | 40-49 | 38 | 9 | 1 | 0:53:54 | 09:08 |
| Sarah | Marcotte | Women's Race | 40-49 | 39 | 10 | 2 | 0:53:54 | 09:08 |
| kim | upton | Women's Race | 40-49 | 40 | 11 | 3 | 0:54:08 | 09:11 |
| Sarah | Kraszewski | Women's Race | 30-39 | 41 | 12 | 8 | 0:54:16 | 09:12 |
| Mark | Retzlaff | Men's Race | 30-39 | 42 | 30 | 12 | 0:54:48 | 09:17 |
| Justin | Gutoski | Men's Race | 30-39 | 43 | 31 | 13 | 0:54:55 | 09:18 |
| Hannah | Francis | Women's Race | 20-29 | 44 | 13 | 2 | 0:54:57 | 09:19 |
| Jonathan | Thom | Men's Race | 40-49 | 45 | 32 | 10 | 0:55:18 | 09:22 |
| Michele | Malloy | Women's Race | 30-39 | 46 | 14 | 9 | 0:55:25 | 09:24 |
| Chris | Cooney | Men's Race | 40-49 | 47 | 33 | 11 | 0:55:47 | 09:27 |
| Becky | Weum | Women's Race | 30-39 | 48 | 15 | 10 | 0:56:01 | 09:30 |
| judson | westgate | Men's Race | 30-39 | 49 | 34 | 14 | 0:56:11 | 09:31 |


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| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Mike | Murphy | Men's Race | 50-59 | 50 | 35 | 8 | 0:56:13 | 09:32 |
| Bruce | Flynn | Men's Race | 40-49 | 51 | 36 | 12 | 0:56:18 | 09:33 |
| Shelby | Dawson | Women's Race | 30-39 | 52 | 16 | 11 | 0:57:44 | 09:47 |
| Dean | Olkowski | Men's Race | 50-59 | 53 | 37 | 9 | 0:58:20 | 09:53 |
| Eme | Olkowski | Women's Race | Under 20 | 54 | 17 | 1 | 0:58:20 | 09:53 |
| Molly | Cooney | Women's Race | 40-49 | 55 | 18 | 4 | 0:58:36 | 09:56 |
| Madi | Lupinek | Women's Race | 20-29 | 56 | 19 | 3 | 0:58:46 | 09:58 |
| Keith | Gilkey | Men's Race | 50-59 | 57 | 38 | 10 | 0:59:00 | 10:00 |
| Rakesh | Sarda | Men's Race | 50-59 | 58 | 39 | 11 | 0:59:58 | 10:10 |
| Charles | Ver Hoeve | Men's Race | 50-59 | 59 | 40 | 12 | 1:00:26 | 10:15 |
| Steve | Bazan | Men's Race | 60-69 | 60 | 41 | 2 | 1:00:33 | 10:16 |
| Neil | Rainford | Men's Race | 50-59 | 61 | 42 | 13 | 1:00:34 | 10:16 |
| Jeff | Durbin | Men's Race | 50-59 | 62 | 43 | 14 | 1:00:38 | 10:17 |
| Taylor | Moermond | Men's Race | 50-59 | 63 | 44 | 15 | 1:00:40 | 10:17 |
| Maria | Avina Franco | Women's Race | 40-49 | 64 | 20 | 5 | 1:01:12 | 10:22 |
| Scott | Oebser | Men's Race | 40-49 | 65 | 45 | 13 | 1:01:13 | 10:23 |
| Tom | Deits | Men's Race | 70-79 | 66 | 46 | 1 | 1:01:21 | 10:24 |
| Elizabeth | Mackey | Women's Race | 40-49 | 67 | 21 | 6 | 1:01:37 | 10:27 |
| Kathryn | Deck | Women's Race | 50-59 | 68 | 22 | 1 | 1:01:40 | 10:27 |
| Haley | Nehring | Women's Race | 30-39 | 69 | 23 | 12 | 1:01:59 | 10:30 |
| Sarah | Gaskell | Women's Race | 50-59 | 70 | 24 | 2 | 1:02:00 | 10:31 |
| Sarah | Simon | Women's Race | 50-59 | 71 | 25 | 3 | 1:02:16 | 10:33 |
| Mike | Simon | Men's Race | 60-69 | 72 | 47 | 3 | 1:02:38 | 10:37 |
| Thomas | Ziegelhoffer | Men's Race | 50-59 | 73 | 48 | 16 | 1:02:51 | 10:39 |
| Janice | Poehlman | Women's Race | 50-59 | 74 | 26 | 4 | 1:03:13 | 10:43 |
| Bernetta | Bartels | Women's Race | 60-69 | 75 | 27 | 1 | 1:03:32 | 10:46 |
| Charles | Simon | Men's Race | 50-59 | 76 | 49 | 17 | 1:03:36 | 10:47 |
| Joyce | Ruhland | Women's Race | 50-59 | 77 | 28 | 5 | 1:04:13 | 10:53 |
| John | Hayes | Men's Race | 30-39 | 78 | 50 | 15 | 1:04:41 | 10:58 |
| Jillian | Hayes | Women's Race | 30-39 | 79 | 29 | 13 | 1:04:41 | 10:58 |
| Laura | Anderson | Women's Race | 30-39 | 80 | 30 | 14 | 1:05:17 | 11:04 |
| Anne-Marie | Lozeau | Women's Race | 50-59 | 81 | 31 | 6 | 1:05:20 | 11:04 |
| Jody | Epstein | Women's Race | 30-39 | 82 | 32 | 15 | 1:05:54 | 11:10 |
| Rick | Smith | Men's Race | 60-69 | 83 | 51 | 4 | 1:05:56 | 11:11 |
| Brenda | Bland | Women's Race | 60-69 | 84 | 33 | 2 | 1:06:35 | 11:17 |
| Laura | Cominetti | Women's Race | 50-59 | 85 | 34 | 7 | 1:06:54 | 11:20 |
| Alarik | Rosenlund | Men's Race | 60-69 | 86 | 52 | 5 | 1:07:00 | 11:21 |
| Angela | Ryan | Women's Race | 50-59 | 87 | 35 | 8 | 1:07:15 | 11:24 |
| Sherren | Clark | Women's Race | 60-69 | 88 | 36 | 3 | 1:07:50 | 11:30 |
| Glenn | Tranowski | Men's Race | 40-49 | 89 | 53 | 14 | 1:08:00 | 11:32 |
| Brian | Miles | Men's Race | 30-39 | 90 | 54 | 16 | 1:08:17 | 11:34 |
| Andy | Hicken | Men's Race | 40-49 | 91 | 55 | 15 | 1:08:53 | 11:41 |
| Laura | Bub | Women's Race | 40-49 | 92 | 37 | 7 | 1:08:58 | 11:41 |
| Tim | Schmit | Men's Race | 50-59 | 93 | 56 | 18 | 1:09:50 | 11:50 |
| Jan | Zimmerman | Women's Race | 60-69 | 94 | 38 | 4 | 1:10:30 | 11:57 |
| Anne | Hughes | Women's Race | 60-69 | 95 | 39 | 5 | 1:10:59 | 12:02 |
| Shawn | Heider | Men's Race | 40-49 | 96 | 57 | 16 | 1:11:16 | 12:05 |
| Ella | Donner | Women's Race | Under 20 | 97 | 40 | 2 | 1:11:45 | 12:10 |
| Corinne | Donner | Women's Race | 50-59 | 98 | 41 | 9 | 1:11:47 | 12:10 |
| Doug | Donner | Men's Race | 50-59 | 99 | 58 | 19 | 1:11:51 | 12:11 |
| Sara | Booth | Women's Race | 30-39 | 100 | 42 | 16 | 1:12:13 | 12:14 |
| Peter | Arndt | Men's Race | 60-69 | 101 | 59 | 6 | 1:14:24 | 12:37 |


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| :--- | :--- | :--- | :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Jeanne | Hunter | Women's Race | $50-59$ | 102 | 43 | 10 | 10 | $1: 15: 14$ | $12: 45$ |
| Gary | Gruenisen | Men's Race | $60-69$ | 103 | 60 | 7 | $1: 17: 04$ | $13: 04$ |  |
| willi | van haren | Men's Race | $60-69$ | 104 | 61 | 8 | $1: 18: 18$ | $13: 16$ |  |
| willi | van haren | Men's Race | $60-69$ | 105 | 62 | 9 | $1: 18: 18$ | $13: 16$ |  |
| Scott | Anderson | Men's Race | $50-59$ | 106 | 63 | 20 | $1: 20: 05$ | $13: 34$ |  |
| Laurie | Krause | Women's Race | $50-59$ | 107 | 44 | 11 | $1: 21: 09$ | $13: 45$ |  |
| Rachael | Wendt | Women's Race | $30-39$ | 108 | 45 | 17 | $1: 22: 00$ | $13: 54$ |  |
| Mary Ellen | Schmit | Women's Race | $60-69$ | 109 | 46 | 6 | $1: 22: 24$ | $13: 58$ |  |
| Paul | Bartels | Men's Race | $60-69$ | 110 | 64 | 10 | $1: 23: 27$ | $14: 09$ |  |
| Arne | Malvik | Men's Race | $50-59$ | 111 | 65 | 21 | $1: 24: 19$ | $14: 17$ |  |
| James | Cobb | Men's Race | $60-69$ | 112 | 66 | 11 | $1: 29: 18$ | $15: 08$ |  |
| Maureen | Alley | Women's Race | $30-39$ | 113 | 47 | 18 | $1: 32: 41$ | $15: 43$ |  |
| Nancy | Wiegand | Women's Race | $70-79$ | 114 | 48 | 1 | $1: 36: 00$ | $16: 16$ |  |
| Laurel | Rabson | Women's Race | $50-59$ | 116 | 49 | 12 | $1: 36: 59$ | $16: 26$ |  |
| William | OBrien | Men's Race | $60-69$ | 115 | 67 | 12 | $1: 36: 59$ | $16: 26$ |  |
| Frances | Wiedenhoeft | Women's Race | $60-69$ | 117 | 50 | 7 | $1: 42: 12$ | $17: 19$ |  |

