

# Trail Run at Indian Lake

## Overall Results 7K

Place	Bib	Name	Sex	Age	Time	Pace	% Back	NetTime
7K								
1.	1091	Seth Richardson	M	23	25:31.6	5:52	0	25:31.7
2.	1062	Ian Aley	M	36	28:01.3	6:26	9.8	28:02.1
3.	1130	Trevor Bynoe	M	38	28:23.1	6:31	11.2	28:23.7
4.	1133	Jim Reichling	M	45	28:28.9	6:32	11.6	28:30.7
5.	1102	Justin Sills	M	36	29:42.1	6:49	16.4	29:42.7
6.	1138	Daithi Wolfe	M	58	32:21.8	7:26	26.8	32:22.9
7.	1072	Matthew Debbink	M	32	32:43.5	7:31	28.2	32:52.1
8.	1071	Jonathan Fricke	M	32	32:47.3	7:32	28.4	32:47.7
9.	1144	Eric Anderson	M	28	33:00.6	7:35	29.3	33:03.4
10.	1132	Ryan Egan	M	34	34:04.5	7:50	33.5	34:08.8
11.	1129	Kim Upton	F	41	34:11.3	7:51	0	34:12.8
12.	952	Ender Tekin	M	43	34:18.5	7:53	34.4	34:22.0
13.	1111	Brian Mulvey	M	32	34:48.3	8:00	36.3	34:50.5
14.	1145	Matthew Jarosz	M	45	35:10.5	8:05	37.8	35:15.3
15.	1104	Adam Rule	M	31	35:51.7	8:14	40.5	35:56.5
16.	1080	Steve Bazan	M	61	35:58.8	8:16	40.9	36:03.0
17.	1142	Becky Weum	F	33	36:07.4	8:18	5.7	36:11.6
18.	1118	Michele Malloy	F	35	36:16.1	8:20	6.1	36:17.9
19.	1156	Jennifer Fiene	F	30	36:19.5	8:21	6.2	36:23.1
20.	1134	Mary Hoferle	F	53	36:39.1	8:25	7.2	36:41.6
21.	1162	Silas Helton	M	13	37:04.2	8:31	45.2	37:07.9
22.	1075	Robert Lauer	M	46	37:07.4	8:32	45.4	37:09.6
23.	1122	Michael Murphy	M	52	37:22.3	8:35	46.4	37:30.0
24.	1119	Simon Duncan	M	31	37:33.3	8:38	47.1	37:43.2
25.	1089	Ian Gatley	M	41	38:38.8	8:53	51.4	38:49.6
26.	1108	Charles Simon	M	60	38:53.6	8:56	52.4	38:56.3
27.	1137	Julie Kull	F	39	39:00.4	8:58	14.1	39:02.9
28.	951	Emily Weiser	F	45	39:01.7	8:58	14.2	39:05.7
29.	1135	Alicia Bosscher	F	39	39:10.1	9:00	14.6	39:19.5
30.	1115	Rex Loker	M	74	39:22.3	9:03	54.2	39:22.3
31.	1083	Sophia Schmit	F	27	39:30.6	9:05	15.6	39:36.3
32.	1110	Kristin Gasser	F	34	39:32.9	9:05	15.7	39:39.0
33.	1112	Rachel Pfeiffer	F	36	39:34.2	9:05	15.7	39:40.6
34.	1123	Glenn Tranowski	M	49	39:38.4	9:06	55.3	39:39.0
35.	1136	Sarah Duncan	F	31	39:59.8	9:11	17	39:59.8
36.	1121	Angela Ryan	F	57	40:07.8	9:13	17.4	40:10.6
37.	1146	Megan Aley	F	31	40:10.5	9:14	17.5	40:17.0
38.	1076	Chloe Lauer	F	47	40:13.4	9:14	17.6	40:16.3
39.	1079	Bradley Thompson	M	47	40:51.3	9:23	60	40:57.3
40.	1103	Beth Hellenbrand	F	39	41:22.8	9:30	21	41:28.9
41.	1092	Cindy Phillips	F	45	41:39.5	9:34	21.8	41:46.3
42.	1163	Bernetta Bartels	F	63	42:05.5	9:40	23.1	42:10.4
43.	1116	Caitlin Frederick	F	50	42:18.9	9:43	23.8	42:26.5
44.	1159	Emily Lyle	F	42	42:21.7	9:44	23.9	42:25.0
45.	1081	Tim Schmit	M	58	42:28.8	9:45	66.4	42:36.6
46.	1124	Hailey Paige	F	30	43:32.7	10:00	27.4	43:36.8

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47.	1084	Kate Adler	F	35	43:39.0	10:02	27.7	43:50.1
48.	922	Lauren Martin	F	41	43:55.1	10:05	28.5	44:06.7
49.	1066	Melissa Knox	F	41	43:55.4	10:05	28.5	44:08.6
50.	1074	Daniel Martin	M	41	44:04.8	10:08	72.7	44:16.9
51.	1157	Sarah Simon	F	60	44:08.3	10:08	29.1	44:15.5
52.	1150	Julie Krause	F	56	44:25.8	10:12	30	44:31.2
53.	1147	Ellen McGinn	F	61	44:34.1	10:14	30.4	44:39.6
54.	1073	Garth Larson	M	75	44:39.1	10:15	74.9	44:45.3
55.	1065	Molly Cobb	F	29	44:43.7	10:16	30.8	44:51.2
56.	1070	Emily Johnson	F	29	44:44.0	10:17	30.8	44:51.4
57.	1088	Kelly Debbink	F	35	45:25.6	10:26	32.9	45:35.5
58.	1168	David Braithwaite	M	75	45:28.9	10:27	78.2	45:34.2
59.	1172	Emily Titcombe	F	28	45:34.5	10:28	33.3	45:47.4
60.	1143	Joelle Kane	F	47	45:36.2	10:29	33.4	45:46.6
61.	1141	Erin Thull	F	45	45:36.3	10:29	33.4	45:46.3
62.	1093	Jan Zimmerman	F	69	45:48.1	10:31	34	45:56.6
63.	1149	Courtney Woods	F	36	46:00.9	10:34	34.6	46:08.3
64.	1077	Cindy Boyd	F	57	46:09.4	10:36	35	46:16.0
65.	1078	Julie Hyland	F	46	46:14.4	10:37	35.3	46:19.3
66.	1087	Jacqueline Kociubuk	F	31	47:12.3	10:51	38.1	47:26.7
67.	1061	Clark Vierheller	M	32	47:22.6	10:53	85.6	47:27.6
68.	1151	Tracy Drexler	F	52	48:14.9	11:05	41.1	48:28.5
69.	1069	Linda Ray	F	43	48:30.6	11:09	41.9	48:38.2
70.	1167	Gregory Schneider	M	71	48:37.4	11:10	90.5	48:46.7
71.	1067	Ryan Ogrizovich	M	35	48:42.3	11:11	90.8	48:55.1
72.	1164	Paul Bartels	M	67	49:19.7	11:20	93.2	49:29.3
73.	1120	Katy Lee	F	38	49:26.0	11:21	44.6	49:39.9
74.	1140	J K	F	92	49:26.4	11:21	44.6	49:40.3
75.	1090	Liza Gatley	F	40	49:56.3	11:28	46.1	50:06.5
76.	1117	Bryn Orum	F	40	49:56.4	11:28	46.1	50:06.5
77.	1097	Rachel Meyer	F	25	50:37.2	11:38	48.1	50:45.5
78.	1158	Michael Simon	M	62	52:02.0	11:57	103.8	52:17.7
79.	1098	Eva Ziegelhoffer	F	54	52:02.9	11:57	52.2	52:22.4
80.	1101	Charlie Sanders	M	70	52:10.3	11:59	104.4	52:17.6
81.	1152	Janine Glaeser	F	51	52:12.7	12:00	52.7	52:23.5
82.	1082	Mary E Schmit	F	63	52:40.5	12:06	54.1	52:48.8
83.	1155	Farah Kaiksov	F	42	53:16.5	12:14	55.8	53:27.5
84.	1148	Nina Clark	F	44	54:01.1	12:25	58	54:05.8
85.	1153	Vern Witthuhn	M	58	55:43.1	12:48	118.3	55:54.5
86.	1154	Joan Witthuhn	F	55	55:43.7	12:48	63	55:52.4
87.	1107	Susan Reedy	F	63	58:34.5	13:27	71.3	58:45.0
88.	1126	Bob Crofoot	M	62	1:00:27.6	13:53	136.8	1:00:32.3
89.	1161	John Jerin	M	60	1:00:40.4	13:56	137.7	1:00:50.1
90.	1165	Jon Schneider	M	55	1:00:41.0	13:57	137.7	1:00:59.9
91.	1064	James Cobb	M	70	1:01:46.2	14:12	142	1:02:01.7
92.	1063	Jess Avila	F	42	1:03:07.2	14:30	84.6	1:03:07.2
93.	979	Heather Simmons	F	52	1:04:37.5	14:51	89	1:05:19.2
94.	1127	Jodi Zurbuchen	F	57	1:08:18.6	15:42	99.8	1:08:30.8

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95.	1100	Karen Miskimen	F	55	1:11:34.6	16:27	109.4	1:11:42.0

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Number of records: 95